

## GETTING STARTED

All first time parents have anxiety what they should do? How smooth every thing will go?

All you need to do is relax! If you are asked to register information during your Ob/gyn visit give our name and phone number. Please give **complete name Dr Himanshu Patel, MD. There are many Dr's with same last name!** Hospital do make mistake and few times a year we do not know that particular baby is born. To avoid this if you have time call us and leave message before going for labor. Also call us after baby is born and we will come and visit baby. Normally nurses will call us in first few hours and notify us about newborn. If you do not see my name as baby's pediatrician ask nurse question why? If any other Dr comes to visit baby ask why Dr Patel is not here? Also call our office and notify us.

Soon after birth, your baby will receive a special eye medicine (erythromycin) to help prevent eye infection. An injection of vitamin K is given to the baby to prevent rare bleeding problems that some newborns may develop. A purple medicine is applied on the skin around the umbilical cord to prevent infection in that area.

New Jersey State Law requires that all babies be placed in an approved car seat every time they ride in a car (including the first ride home from the hospital). Infants should ride facing the rear of the car and the car seat should be placed in back seat.

When babies go home form the hospital nursery, everyone wants to see them. A new baby generally gets lots of callers. During the first few weeks, limit your baby's visitors, especially children. The baby needs a little time to build resistance to common infections. You do not know who might have a sore throat, cough, or other infectious conditions. If you have older siblings maintain a strict hygiene when they are around the baby. We also suggest that you keep the baby out of large crowds for a few (at least 6) weeks.

We ask that your newborn baby come for his/her first check-up by the age of two weeks. Should a problem arise/detected before then, we will see your baby in the office earlier. Please call our office as soon as the baby goes home from the hospital for the first appointment.

Your baby's growth and development will be discussed during each visit and a comparison to normal development as well as what to expect in future developments will be discussed.

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### **TRAVEL VACCINATION CENTER**

**1553 Ruth Road Suite 1, North Brunswick, NJ-08902**

**Dayton Professional Center, 401 Ridge Rd., Suite 2, Dayton, NJ 08810**

**Highland Park Pediatrics, 85 Raritan Ave, #410, Highland Park, NJ-08904**

**Tel: (732) 418- 1700 Fax: (732) 940-9700**

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